



## **Auspicious Good Fortune**

**One woman's inspirational journey from  
Western disillusionment to Eastern spiritual fulfilment**

Has your life ever flashed before you?

Sumangali Morhall chased everything Western society taught her to pursue: material wealth, academic success, and even the perfect relationship, only to discover something deeply significant was still missing. A sudden near-death experience opened her eyes, and her life began anew.

Left with nothing and nobody to rely on, her inner strength blossomed and her spiritual search began in earnest. Her journey led her to study meditation with Indian spiritual Master, Sri Chinmoy: a direction she could never have imagined. Sumangali reveals the arcane practice of learning from a contemporary Guru in lively detail, shedding light on misconceptions while remaining candid about her own initial doubts. Heartwarming, courageous, and beautifully crafted, this spiritual memoir follows a Western woman learning the ways of the East, and putting them into practice in her modern world: an ordinary person leading an extraordinary life.

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**Further information: [www.sumangali.org](http://www.sumangali.org)**

